

Week 1

MONDAY

**Spaghetti
Bolognese**

**Quorn Sausage
Casserole
and
Creamed
Potatoes**

Green Beans

**Sweetcorn
Kernels**

**Fruit Crumble
& Custard**

TUESDAY

**Pepperoni
or Margharita
Pizza
and
Jacket Wedges**

**Fish Pie
and
Parsley
Potatoes**

**Winter
Coleslaw**

Baked Beans

**Krispie Cake &
Fruit Juice**

WEDNESDAY

**Roast Chicken
Vegebites in
Gravy**

**Sage & Onion
Stuffing**

**Yorkshire
Pudding
Roast Potatoes**

**Creamed
Potatoes**

**Carrot and
Swede Medley**

Garden Peas

**Oat Cookie &
Milk**

THURSDAY

**Pork Casserole
and
Boiled Rice**

**Macaroni
Cheese &
Garlic Bread**

**Broccoli
Florets**

Vichy carrots

**Chocolate
Mandarin
Brownie
& Chocolate
Sauce**

FRIDAY

**Oven Baked
Sausages
with Gravy**

**Oven Baked
Breaded
Fillet of Fish**

Savoury Quiche

Chunky Chips

**Creamed
Potatoes**

Garden Peas

Baked Beans

**Fresh Fruit &
Vanilla Ice-
cream**

Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Carbonara & Garlic Slice	Sweet & Sour Chicken or Chicken Curry or Boiled Rice	Pork Loin Steak & Apple Sauce	Cottage Pie	Oven Baked Wholemeal Breaded Salmon Portion
Margherita Pizza & Jacket Wedges	Cod Fish Cake and Creamed Potato	Cheese & Potato Bake	Vegetable Moussaka	Fresh Chicken Drumstick
Plain Pasta	Broccoli Florets	Gravy and Yorkshire Pudding	Savoy Cabbage	Pasta Bake
Apple Coleslaw	Carrots & Sweetcorn	Roast Potatoes	Crunchy Cauliflower	Chunky Chips
Garden Peas	Chocolate Fudge Pudding & Chocolate Sauce	Creamed Potatoes	Rice Pudding with Fruit	Pasta with a hint of Garlic
Oaty Fruit Crunch & Custard		Glazed Carrots		Baked Beans
		Brussels Sprouts		Garden Peas
		Lemon Drizzle Cake		Apple Cookie with Fresh Apple wedge

Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jacket Potatoes with Cheese or Tuna	Country Chicken Pie	Roast Turkey Steak with Sage & Onion Stuffing	Lasagne	Oven-Baked Breaded Fillet of Fish
Meatballs in Gravy with Boiled Rice	Vegetable & Cheese Country Bake	Quorn Sausage In gravy	Margarita Pizza	Fresh Chicken Drumstick
Ratatouille	Creamed Potatoes	Yorkshire Pudding and Gravy	Jacket Wedges	Winter Vegetable Bake
Sweetcorn Kernels	Broccoli Florets	Roast Potatoes	Savoury Couscous	Chunky Chips
Marble Sponge & Custard	Carrots & Peas	Creamed Potatoes	Coleslaw	Creamed Potatoes
	Innocent Smoothie & Shortbread Finger	Buttered Cabbage	Seasoned Plum Tomatoes	Baked Beans
		Glazed carrots	Pears and Chocolate Sauce	Garden Peas
		Flapjack squares		Yoghurt Muffin